

Community Guidelines

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Introduction

Welcome to The Parent List community! We've created this space to foster supportive connections between parents, caregivers, and families. These Community Guidelines are designed to ensure that our community remains a positive, respectful, and valuable resource for everyone.

By participating in our community forums, discussion groups, comment sections, or any interactive features, you agree to follow these guidelines. Violation of these guidelines may result in content removal, account restrictions, or termination of your account.

Our Community Values

The Parent List community is built on these core values:

Respect

We value diverse perspectives, experiences, and parenting approaches. We expect all community members to treat each other with respect, even when disagreeing.

Inclusivity

We welcome families of all configurations, backgrounds, cultures, and parenting philosophies. Discrimination or exclusionary behavior has no place in our community.

Support

We aim to provide a supportive environment where parents can share challenges, seek advice, and celebrate successes without fear of judgment or criticism.

Authenticity

We encourage genuine interactions and honest sharing of experiences while maintaining appropriate boundaries.

Safety

We prioritize the safety and well-being of our community members, especially when it comes to protecting personal information and the privacy of children.

Guidelines for Participation

1. Be Respectful and Kind

- Treat others as you would like to be treated
- Use respectful language even when expressing disagreement
- Recognize that parenting approaches vary widely
- Consider how your words might affect others before posting
- Avoid personal attacks, name-calling, or hostile comments

2. Protect Privacy

- Never share personal identifying information about others without their explicit consent
- Do not share photos of children who are not your own
- Exercise caution when sharing your own personal details
- Respect the confidentiality of information shared in private or closed groups
- Do not screenshot or share private conversations without permission

3. Post Appropriate Content

DO Share:

- Parenting questions, challenges, and successes
- Helpful resources and recommendations
- Supportive comments and constructive advice
- Local event information relevant to families
- Educational content related to parenting and child development

DON'T Share:

- Sexually explicit content
- Graphic violence or gore
- Content that promotes self-harm
- Hate speech or discriminatory content
- Misinformation or unverified medical claims
- Spam or excessive promotional content

4. Give Constructive Feedback

- Offer suggestions rather than criticisms
- Focus on behaviors rather than making judgments about the person
- Consider starting with a positive observation before offering alternatives
- Be mindful that text can be easily misinterpreted without tone and body language
- Remember that what works for your family may not work for others

5. Represent Yourself Honestly

- Use only one account for participation
- Do not impersonate others or create misleading identities
- Disclose any relevant affiliations when making recommendations

- Be transparent about your expertise and experience

6. Follow Group-Specific Rules

- Each community group or forum may have additional guidelines
- Review and follow any posted rules for specific spaces
- Respect the stated purpose and focus of each group

Prohibited Content and Behaviors

The following are strictly prohibited and may result in immediate account suspension:

Harmful Content

- Content that endangers children or promotes child abuse
- Materials that advocate harm toward any individual or group
- Content that glorifies self-harm, suicide, or eating disorders
- Graphic or gratuitous violence

Harassment and Bullying

- Targeted harassment of community members
- Repeated unwanted contact after being asked to stop
- Coordinated attacks against individuals or groups
- Public shaming or "calling out" of specific individuals

Discriminatory Content

- Hate speech based on race, ethnicity, national origin, religious affiliation, sexual orientation, gender,
- gender identity, disability, or serious disease
- Content that promotes discrimination, bigotry, racism, or sexism
- Slurs or dehumanizing language

Misinformation

- Dangerous health misinformation
- Deliberate spreading of falsehoods
- Unsubstantiated medical or scientific claims

Commercial Activity

- Unsolicited advertising or spam
- Multi-level marketing recruitment

- Deceptive commercial practices
- Unauthorized fundraising

Privacy Violations

- Doxxing (publishing private information about others)
- Creating accounts to represent children under 13
- Sharing screenshots of private conversations without consent

Reporting and Moderation

How to Report Content

If you encounter content that violates these guidelines:

Please email us at community@theparentlist.com

- Include a link or screenshot to the content and your reason for concern
- Provide any additional context that might help our moderators

Our Moderation Approach

Our moderation team reviews reports as quickly as possible. We strive to be:

- Fair and consistent in applying these guidelines
- Contextual in our understanding of conversations
- Transparent about our decisions when possible
- Responsive to emerging community needs

Consequences for Violations

Depending on the severity and frequency of violations, consequences may include:

- Content removal
- Warning messages
- Temporary restriction of posting privileges
- Removal from specific groups
- Account suspension
- Permanent account termination

Special Considerations for Sensitive Topics

Mental Health

- Support for mental health challenges is encouraged
- Crisis resources should be shared when appropriate
- Avoid diagnosing others or making prescriptive recommendations

Child Development Concerns

Encourage professional evaluation for development concerns

Share experiences without making definitive claims

Respect privacy when discussing children's challenges

Controversial Parenting Topics

Focus on sharing your own experience rather than prescribing approaches

Acknowledge that many parenting decisions are personal

Provide sources when sharing research or data

Feedback on Guidelines

These guidelines will evolve as our community grows. We welcome your feedback on how to improve

them. Please contact us at community@theparentlist.com with suggestions or questions about our community guidelines.

Emergency Resources

If you or someone you know is in crisis or needs immediate help:

National Suicide Prevention Lifeline

Call or text 988

Or chat at 988lifeline.org

Crisis Text Line

Text HOME to 741741

Child Help National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

1-800-799-SAFE (1-800-799-7233)

Remember, The Parent List is not a substitute for professional advice. In case of emergency, contact local emergency services or a qualified professional.